

# registration

## intensives

- 1st choice  
 intensive 1 - Nita Little  
 intensive 2 - Nien Mari Chatz  
 intensive 3 - Hillel Krauss

## accommodation

- I sleep in the gymhall (for free)  
 I offer private housing and receive 10 Euro per night  
 I want private housing and pay 10 Euro per night  
 I want to reserve a double room in the hotel (20 Euro per person and night)

## payment

- 200.- Euro  
 80.- Euro deposit/Anzahlung  
 per Euro-travellers-cheque  
 money transfer to Volksbank Freiburg, bank 680 900 00 Benno Enderlein, account 25 12 65 05

name:  
address:

phone:  
 I don't want my email on the address list! Please use it only for information transfer between the organizers and me!

email:  
 Participation is at my own risk. I recognize, the organizers and teachers are not liable for any damages or injuries!

date: sign:

Die Anmeldung ist nur gültig mit der Überweisung einer Anzahlung von 80 Euro. Bei Abmeldung bis zum 25. Juli, werden wir 30 Euro Bearbeitungsgebühr einbehalten, bei späterer Abmeldung die gesamte Anzahlung. Your registration is only valid in combination with a Euro-travellers-cheque or money transfer of 80 Euro deposit (or full price, 200 Euro). If you cancel before July 25<sup>th</sup> we keep 30 Euro back for our effort. If you cancel later we keep the whole deposit. Registration is also possible via the internet.



## Liebe ContacterInnen,

mit dem „internationalen contact-festival freiburg“ wird in der Europäischen Contactimprovisationslandschaft einzigartiger Erfahrungsraum geboten. Ein breites Spektrum an Unterrichtsangeboten von verschiedenen internationalen LehrerInnen, sorgt für regen Austausch unter den rund 180 Teilnehmenden. Angeboten werden: Arbeitsgruppen, Diskussionen, Einzelstunden, Performances, Special Events und natürlich jams... Die vier Hallen des Sportzentrum „Wenzinger Schule“ sind umgeben vom „Seepark-Gelände“, einer Parkanlage mit Badeseen und interessanten Performance-Möglichkeiten im Herzen Freiburgs.

In gespannter Erwartung und lieben Grüßen

## Dear contacters,

The „international contact festival freiburg“ creates space for explorations in the dance form contactimprovisation. The structure offers different material and teaching styles from international teachers in the classes and intensives, which supports a creative exchange between the 180 participants. Also lots of space for workgroups, discussions, private lessons, jams and performances is given. The four halls of the sports-center “Wenzinger Schule“ is surrounded by a park-lake area with lots of possibilities to relax or perform.

We are looking forward to meeting you on the dancefloor! Warmly,

The team

Barbara,

Eckhard,

Benno



welcome

# timetable

studio	time	Tuesday 05.08.03	Wednesday 06.08.03	Thursday 07.08.03	Friday 08.08.03	Saturday 09.08.03	Sunday 10.08.03
9.00 - 10.00 Uhr breakfast							
1	10.30 - 12.30 Uhr	Nita Little		having choice	intermediate/advanced		10.30 Uhr warm up Hillel Krauss
2		Nien Mari Chatz		gravity & swing	all levels		JAM
3		Hillel Krauss		shinui - martial dance	intermediate/advanced		
12.30 - 13.30 Uhr break							
1	13.30 - 15.30 Uhr	Andjela Doni balance/counterbalance all levels	Jaap Klevering philosophy in movement all levels	Christina Klissiouni witnessing choices all levels	Barbara Pfundt getting a ride only women		14.00 Uhr big circle and closing
2		Andrea Keiz slow weight shifts intermediate	Ray Chung integrating movement methods all levels	Måns Erlandson the time of weight beginners/intermediate	Ahuva Fridex Koren being visitor all levels		JAM
3		Horst Viral seduction into rollingland beginners	Hiekyoung Kim finding your voice in CI all levels	Andrea Lutz centering and flying all levels	Norbert Kliesch performing dialog all levels		
15.30 - 16.00 Uhr break							
1	16.00 - 18.00 Uhr	Sonja Seng sudden stills all levels	Laura Porter Blackburn everything that rises must converge intermediate			talk'n roll	JAM
2		Jörg Hassmann get down to it advanced	Eckhard Müller center to center all levels		JAM	talk'n roll	
3		18.00 Uhr arrival registration snack	Katarina Eriksson center, connect, imagine intermediate		talk'n roll	talk'n roll	
18.30 - 19.30 Uhr dinner							
1	ab 20.00 Uhr	20.00 Uhr welcoming	big circle	discussion		sightspecific performance	JAM
2		warm up Nien Mari Chatz	JAM	JAM	JAM	JAM	
3		JAM	silent JAM	JAM	midnight performance	JAM	

Studio 4: dormitory

Studio 5: space for bodywork and private lessons

# informations

intensives: choose one intensive (2nd choice if the first is already full).

classes: The 2h-classes, you choose at the festival.

talk'n roll: Time for individual CI-topics.

private lessons: you can get a one to one session (20 min.) with a class teacher of your choice.

performances: lots of space for you to perform indoors and outdoors.

silent jam: silence holds the space in a concentrated atmosphere.

jam formats: ideas are allways welcome!

## accommodation/Unterkunft:

Für Teilnehmende, die in Freiburg keine Unterkunft finden steht eine Halle zum Übernachten zur Verfügung. Bei Bedarf bemühen wir uns auch um Privatunterkünfte für 10 Euro pro Nacht. Außerdem gibt es die Möglichkeit ein Doppelzimmer in einem nahegelegenen Hotel für 20 Euro pro Person zu reservieren. There is one hall for accommodation for free. We help organizing private housing for 10 Euro per night. Another possibility is to reserve a double room in a nearby hotel, for 20 Euro per person and night.

## food/essen:

Die vegetarische Vollverpflegung wird vor Ort organisiert und ist im Preis von 200 Euro inbegriffen. All meals are included in the fee (200 Euro). Meals are vegetarian.

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# 05 - 10 August 2003

contactfestival freiburg 2003

c/o Benno Enderlein | Zasiusstraße 55 | D-79 102 Freiburg

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program

living

service

# intensives

**Nita Little** joined Steve Paxton in 1972 in originating and pioneering CI. A dancer, choreographer, and master teacher of multiple forms of improvisation, most notably CI, she developed a body of material which examines the "Mind in Motion". Throughout her career she has toured widely and received numerous prestigious grants. (USA)

**the heart of the matter; having choice:** Each class we will examine how to have choice, and the choices we make in the process of CI dancing: technically, relationally, emotionally and creatively. We will begin by understanding that until we see/feel "it" we have no choice at all. We will look at the choices we make and how we make them. Noting some clear preferences which arise through the consequence of those choices in our relations with earth, with ourselves, with each other, with space, with time, the audience, and even with feeling states and creative potential. With the awareness of choice your technical expertise can excel, your performance can become more real and vital, and your creative range can explode. intermediate/advanced

**Nien Mari Chatz** was born in Germany and originally trained as a classical musician. Having completed her dance training at the School for New Dance Development (during which time she studied CI extensively with Nancy Stark-Smith, Steve Paxton & Kirstie Simson). She has been working as a dancer, choreographer and teacher in Amsterdam, Germany, USA, Scandinavia, Spain and England since 1986. Nien Mari has performed with Pauline de Groot (Amsterdam), Yoshiko Chuma (New York), Tanzfabrik (Berlin) and other dancers, filmmakers, musicians and visual artists internationally. She has been a regular guest teacher of CI, Movement Technique, Creative Bodywork and Composition at the State Theater School of Amsterdam, G.Washington University & other Dance Institutes in Europe. Her movement work is influenced by her studies of Martial Arts, African Dance, Yoga, the principles of Body-Mind Centering and the Alexander Technique. (France)

**gravity & swing:** To discover gravity as a *very alive* energy in which we navigate on earth can be a transformational, ongoing process. Focussing our awareness on gravity and its impact onto our moving, allows us to deliciously let go of some preconceived, limiting ideas about effort, goals, speed, timing, movement aesthetics, self-image etc. When we start letting go and begin to cultivate our sensory perception, we can gain access into the earth-connecting, recuperative energy of gravity and find a new, intelligent equilibrium between activity and receptivity while dancing. Then, practicing CI can bring us closer to earth, to our senses, to our instincts and reflexes, to our physical reality, so that thinking and our pre-programmed mind can loosen up their monopole of control and rather become a witness of the dance. At this moment, there can be unimaginable possibilities to play, to be in the moment and to enjoy dancing, sharing, improvising. all levels

**Hillel Krauss** began practicing Improvisation and CI in 1975. In 1982 Hillel began developing Martial Dance, a synthesis of CI, Martial Arts, the work of Moshe Feldenkrais and the spiritual teachings of Hassidic Judaism. In 1998 Martial Dance became Shinui Martial Dance to more accurately reflect its transformation into a spritual path and dance form. Hillel performs and teaches in the US, Germany and Israel. (Canada/Israel)

**shinui - martial dance:** I will teach fundamental and advanced body awareness and skills necessary to dance CI with unbroken physical continuity and presence. The intensive will focus on developing our dance through feeling and knowing what we are doing moment by moment. Our goal: To be able to dance fully with any partner with comfort, awareness and consciousness. intermediate/advanced

# classes

**Andjela Doni** is a dance improviser, choreographer and a teacher based in Moscow/Russia. She finished High School of Culture, St. Petersburg in 1985 and worked as theatrical choreographer for 10 years. She has been teaching in CI and composition to professional dancers, actors and amateurs in a wide range of backgrounds since 1997.

**balance/counterbalance:** I'm looking for the balance like a long-play process which is flowing through my body, feelings and consciousness. I am interested in creating a system of signs, recognizing our wish of balance or counterbalance. How can I be in balance with myself, the environment of my partner and the group? all levels

**Andrea Keiz:** Since 12 years I'm busy now with CI as a dance technique and performance art. The skills which are taught by CI are going beyond pure physical training but also asking people in their social and political ability. Since her education as a teacher for dance improvisation Andrea Keiz worked in a few offscene groups and several international improvisation projects. Since 2000 she is working mainly in video documentation of contemporary dance which is affecting her work a lot. She is living and working in Berlin/Germany.  
**slow weight shifts:** Based on the technique of CI, I want to focus on weightshift from my own physical support through the floor towards the support of my partner. intermediate

**Horst Viral** has danced from 1986 on at CI-Jams around the world. He completed the 4-year New Dance Training (SNDO/Amsterdam) in '93, and '99 the Body Mind Centering (BMC) practitioner training. The last years, his interest led into exploring the relationship of body-systems, movement-qualities and performance-skills. Since 2001 he is guiding the yearly-running training in Body Mind Performance & Dance in Berlin/Germany.

**rolling with direction - the seduction into rollingland:** Did you ever roll? Of course! In each CI-dance and each daily movement, the rolling can be observed as a repetitive motif. In the two hours I invite the participants to rediscover rolling by themselves and in duets. Playful diving into rolling-quality may lead to subtle and exciting CI-dances. Departing from rolling the solos, duets and trios will arrive in a clear dialogue with space. beginners

**Jaap Klevering** is a Dutch physical performer and he lives in Finland since 1983. He has extensive experience in the field of improvisation. He has made many structured and concept based performances. Along with the physical work he has also investigated different approaches to working with voice. He received a 3-year artist grant from the Finnish Arts Council between 1999-2001. He is director of the 3-year dance program at the North Karelian College for further education in Outokumpu/Finland.

**philosophy in movement:** Ask a question. Explore the question physically. Observe your and others' physical response to the question. What do you learn? Propose an activity. Do it! Observe what you do and what others do to you. What happens? What do you learn? How do you feel **now**? Stay with that quality. Let this quality move you. What happens to the dance in a group with different qualities? all levels

**Ray Chung** is a performer, teacher, researcher, and artist who uses CI as part of improvisational performance practice and integrates other movement forms into his work, including martial arts, bodywork and Authentic Movement.(USA)  
**integrating movement methods:** We will combine and integrate elements from various movement forms (CI, martial arts, dance, bodywork) to expand our palette of movement choices and range of possibilities for CI, and for moving in and out of contact seamlessly. all levels

**Christina Klissiouni** is a Movement-, Improvisation- and New Dance -teacher, -dancer, -choreographer, Body Psychotherapist and Shiatsu Practitioner. She has been teaching classes and workshops based on release technique, CI

# class descriptions

and awareness through movement regularly in Greece and many other countries since '90. Her experience varies from working with people of many different levels and background, professionals and non-professionals.  
**witnessing choices:** How can we enhance our perception of space and time and allow our choices to come from the deeper layers of our being. Making contact with our inner landscape we can meet the outer landscape with more easiness and breath, more curiosity and safety. Communication becomes a journey to reflect upon ourselves and create clearer, more truthful dialogues each moment. all levels

**Hiekyoung Kim** began her dance training in Berlin and New York before receiving her degree from the School for New Dance Development (SNDO/Amsterdam). Since 1998 she has been working on a variety of improvisation projects with Kurt Koegel, Alessandro Certini, Jess Curtis, among others and teaching CI-principles and Improvisation in Germany, Greece, Italy, Korea, Russia, and recently at the SNDO/Netherlands.  
**finding your voice in CI:** In the 2-h-class we will experiment and interact with our voices and see how it can influence, compliment or support our bodily expression in CI. We will start with simple vocal exercises, gradually link the sounds to movements and then deepen our experiences in duet-situations. We will close the session by sharing our work in progress. all levels

**Måns Erlandson**, Facilitator, lives in Stockholm/Sweden with his big family (five kids). Performing and teaching dance improvisation and set forms.  
**the time of weight -** floating and connecting: I want to find the relationship between contact and easiness. Keeping your dance, even though going into contact with more or less weight involved. Playing with the timing of moving weight, allowing to let go of control without losing it. beginners/intermediate

**Andrea Lutz** is an independent dancer from Berlin/Germany and a passionate CI dancer since over 10 years. She is teaching regular classes in CI at K77 in Berlin and workshops all over. Since 1995 she has been teaching CI, Vinyasa-Yoga and Release Technik. She got her training at "bewegungs-art" Freiburg, "Moving Arts" Köln and studied dance in San Francisco and New York. Over the last couple of years, she participated in a number of independent productions and produced her own dancepieces.  
**centering and flying:** We will focus on working from the center of our body. This work helps to find strength and power and at the same time softness and fluidity. Starting on the floor to soften, we will go higher step by step. The strength in your center will help to find lightness in the air and the connection to the ground. This reaching in space leads to flowing and powerful dances. all levels

**Barbara Pfundt** is teaching CI, New Dance and other body techniques She is dancing in own and other projects, specially with the company "momentum". Important teachers: Cathie Caraker, Kurt Koegel, Dieter Heitkamp, Jess Curtis, Kathleen Hermesdorf, Regina Biermann, Heike Pourian and others. (Germany)  
**getting a ride:** Quite often I can see in CI, that taking weight means for many of the dancers getting stiff, trying to stabilize and having the feeling of carrying really hard. To show that this has not to be, and offering possibilities, how I can take weight more easily and giving it a way to flow during movement is the issue of this class. This class is only for women because this is very often a theme specially for women. Let's give and get a ride!

**Ahuva Fridex Koren** is a Graduate of the Wingate Physical Education Institute, the Haifa University in Creative Art and Rubinstein Academy in Movement and Movement Notation (Israel). She is Watsu Therapist and Water Dance Guide, holds a black belt in Aikido and is leading workshops and classes in CI and Authentic Movement for many years.  
**being visitors:** The class is based on variations of relationships that lead to meetings which have diverse characters and qualities. Physically I will give games related to passing of weight equally but with different compression levels. From this we will gradually visit other houses, sometimes climbing, sometimes jumping, sometimes entering and sometimes waiting to be invited. all levels

# classes

**Norbert Kliesch** born 1963, dancing since the age of 14. CI-dancer since 1986. From '88 he was dancing for Heitkamp, Musial, Mark Tompkins, Cesc Gelabert, Sasha Walz. Own Production since 1994. 2001 Diplom Choreograph. (Germany)  
**performing dialog:** CI under the performing aspect could be developed under the aspect of the dialog and the contradiction. We will revive the contact elements of "rolling-point", "weight" and "in and out of contact" under these points of view. intermediate/advanced

**Sonja Seng:** Thorough insight of the "Life Art Process" as performer, teacher and therapist. Graduate and Practitioner of dance-pioneer Anna Halprin's Institute in San Francisco. Has been living and working as faculty member at Anna's Mountain Home Studio. Several years member of MAMU Dance-Theater (Butoh Company). Since 1994 independent productions in San Francisco/USA and Germany. Dancing since 18 years, CI since 9. Latest production "Tanz Jandl Tanz" a dance/act/film collaboration. (Germany)  
**sudden stills:** We'll be improvising CI, economic moves and organic flow in juxtaposition to sudden stillness. Noticing, articulating and navigating the power of presence, held and released tention and perception of movement imagery. We'll work the muscle of antagonism: listening - directing. all levels

**Katarina Eriksson** has been involved in improvisational dance since '89, regularly collaborating with other artists such as Julyen Hamilton, Ray Chung and swedish improv group "Floke". She has taught CI to children in schools, in workshops for the public, and as daily training for professional dancers and actors since '91. Katarina currently runs an improvisation performance series in Berkeley, and teaches theater improv to children in San Francisco/USA.  
**center, connect, imagine:** This class starts with a warm up that focuses on the awareness of your own center and it's relation to your partner's center. We will explore this through light touch and easy meetings, as well as through more specific lifting techniques. From a cultivated "center-to-center" connection, we will move on to the contact with eyes closed and dance with the inspiration from sensation through the skin and the inner images those sensations bring. intermediate

**Laura Porter Blackburn** began dancing at age 5 in her room before bed at night. Originally from the US, she has made her home in Paris/France for the last three years teaching and performing CI and teaching the Pilates Method.  
**everything that rises must converge:** Using Pilates principles of centering and back-breathing, we will bring our awareness to the rising and falling of our own and our partners' bodies, in stillness and in motion. Tuned in this spherical manner, through the rhythm of our breath, we develop confidence and presence which help ready us to go up! We can take and offer rides as they spontaneously appear in the dancing. intermediate

**Eckhard Müller** studied New Dance at "bewegungs-art" Freiburg/Germany, as well as with Alito Alessi, David Zambrano, Julyen Hamilton, and Kirstie Simson since '88. David's movement concept of "flying low", which has its base in the developmental movement patterns, influenced his way of teaching CI a lot.  
**center to center:** The focus in this class **will be** the "center-to-center" connection in the dance. We will use arms and legs as a support of our centers into and away from the floor and end up in a smooth and easy communication between the partner, myself and the floor. all levels

**Jörg Hassmann:** Started CI in '92. Since '99 he works exclusively as dancer, actor and educator for theater. He enjoys international performing e.g. '01 with "oeff-oeff productions" (Bern/Switzerland, dance theater with arial acrobatics), '02 with "Cie El Latina" (Nimes/France), or '03 with "C.I.co" in Tokyo. He is choreographing the dancetheater group "ConFuss" and is founder of the dancetheater duett "XXS-Company" ('02). (Germany)  
**get down to it:** courageously move, dive, jump into someone, enjoying the strength, the juicy and meaty quality of playful fight and within this being aware for the moments of change to ease and softness. We'll work mainly in duets and trios. advanced



international  
**contact festival**  
freiburg

**2003**  
05. - 10. August

Unterrichtssprache ist Englisch, bei Bedarf findet sich eine Übersetzung.